Lifestyle ORGANIZING
the life you deserve

THE CALM HOME GUIDE

7 steps to an *organized* home.

The same process Hannah and her team use in every closet, pantry and playroom, simplified so you can start tonight.



Hannah Ála
Owner · Professional Organizer



A NOTE FROM HANNAH

Calm is closer than *you think.*

I started Lifestyle Organizing because an organized home gives you more time, more calm and more room for the life you deserve.

After hundreds of homes across North Dallas, I've learned that every great space comes from the same seven steps. They work for a reach-in closet or a whole house, and they work whether you do it yourself or let my team handle it.

Start with one space. Follow the steps in order. And send me your before and after. I'd love to see it.

Hannah



01 Start with your why, and one space

02 Empty it completely

03 Edit with kindness

04 Group like with like

05 Contain to fit the space

06 Label everything

07 Keep it with a 10-minute reset

01

STEP 1 OF 7

Start with your why, and one space

Organizing the whole house at once is how projects stall. Pick the one space that frustrates you most, the one you open ten times a day, and decide how you want it to feel.

- ○ Write one sentence: "When this space is done, mornings will feel..."
- ○ Choose a space you can finish in an afternoon: a pantry, a closet, a drawer.
- ○ Put it on the calendar like an appointment.



HANNAH'S PRO TIP

Momentum is everything. One finished space makes the next one easier, and it shows the whole family what calm looks like.

02

STEP 2 OF 7

Empty it completely

You can’t organize what you can’t see. Take everything out, wipe the shelves and look at the space as if it were brand new.

- Clear a landing zone first: a table, the bed or a few laundry baskets.
- Measure shelves, depth and height while the space is empty.
- Notice what the space is good at, and what it fights you on.



HANNAH’S PRO TIP

The before photo matters. Snap one now. You’ll want it when you see the after.

03

STEP 3 OF 7

Edit with kindness

Hold each item and give it one of four homes: keep, donate, relocate or toss. You are making room for the life you have now, not the one you had five years ago.

- Expired, broken or duplicate? Let it go.
- Love it or use it? Keep it.
- Belongs in another room? Put it in a "relocate" basket and return it at the end.

HANNAH'S PRO TIP

Every decision is yours. Have the donation bags in the car before you finish, so nothing sneaks back in.



04

STEP 4 OF 7

Group like with like

Sort what you're keeping into categories that make sense for how you live: breakfast, baking and snacks in the pantry; work, weekend and occasion in the closet.

- Group by how you use things, not just what they are.
- Count each group. The numbers tell you what containers you need.
- Keep daily items at eye level and in easy reach.

HANNAH'S PRO TIP

Zones are the secret to a space that stays organized. When everything has a neighborhood, putting things away takes seconds.



05

STEP 5 OF 7

Contain to fit the space

Now, and only now, shop for containers. With your measurements and your counts, every bin, basket and riser earns its spot.

- Clear bins where you need to see contents; baskets where you want calm.
- Use risers, turntables and drawer dividers to use every inch.
- Measure twice. The right size bin matters more than the prettiest one.



HANNAH'S PRO TIP

Bring your measurements to The Container Store, or let us source and install everything for you through our partnership.

06

STEP 6 OF 7

Label everything

Labels turn an organized space into a system the whole family can keep. If it has a name, it has a home, and everyone knows where it goes.

- Keep labels simple and consistent: one font, one style.
- Label the shelf edge or bin front, wherever the eye lands first.
- For little ones, add a picture label.



HANNAH'S PRO TIP

A label is a promise. When something new comes in, it goes where the label says, and the space stays done.

07

STEP 7 OF 7

Keep it with a 10-minute reset

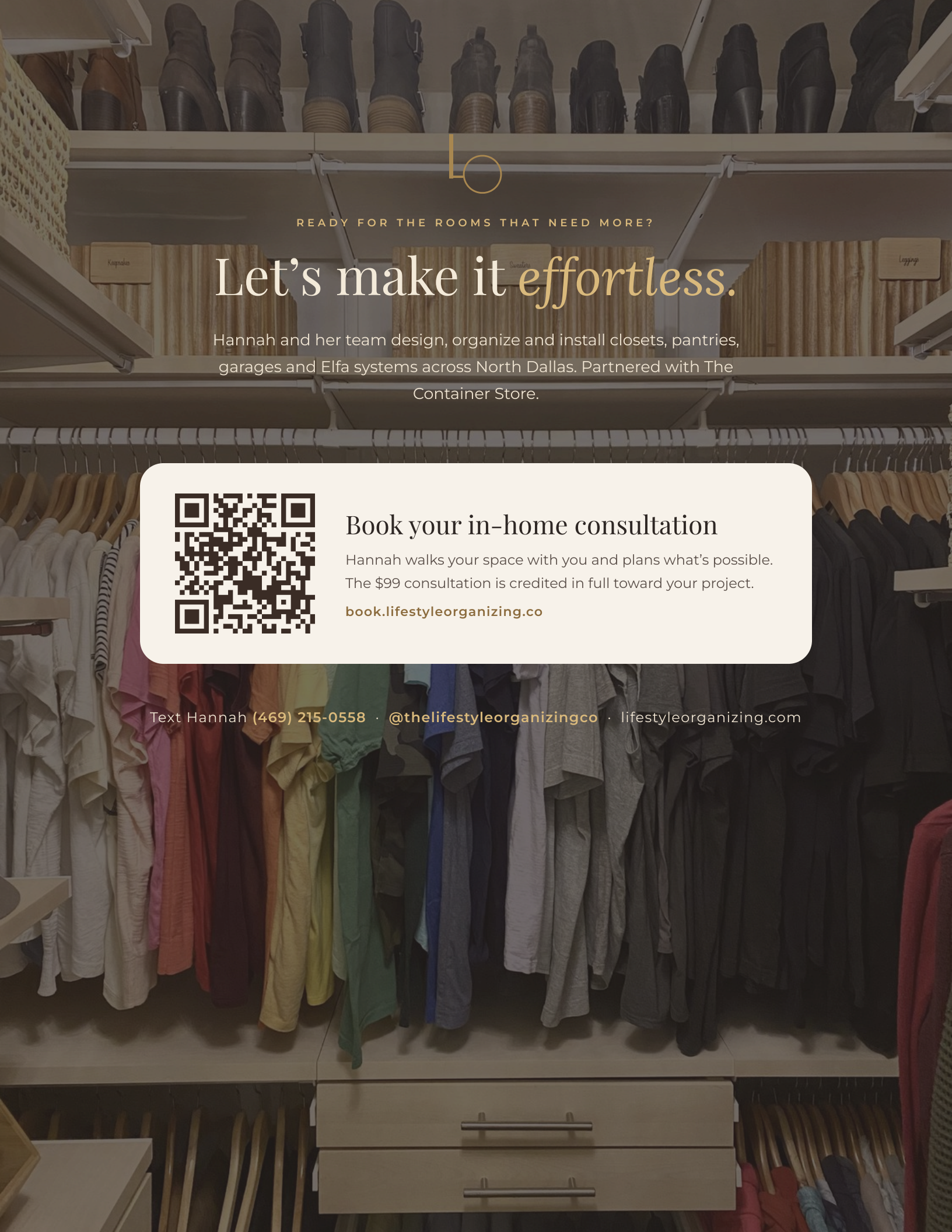
Organized isn't a one-time event. A tiny daily reset and a seasonal refresh keep your systems working all year.

- Set a 10-minute evening timer to return things to their homes.
- Do a one-in, one-out rule for clothes, shoes and pantry staples.
- Refresh each space every season: edit, wipe, relabel.

HANNAH'S PRO TIP

Life changes, and your spaces should too. A seasonal refresh catches small slips before they become clutter again.





READY FOR THE ROOMS THAT NEED MORE?

Let’s make it *effortless.*

Hannah and her team design, organize and install closets, pantries, garages and Elfa systems across North Dallas. Partnered with The Container Store.

Book your in-home consultation

Hannah walks your space with you and plans what’s possible. The $99 consultation is credited in full toward your project.

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